



sportily

PLAY SPORTS
TALK LIFE



**Sport and Faith Coach
Network Pilates Specialist
(Part time – 26.25hours, 0.7fte)**

JOB APPLICATION PACK

Thank you so much for your interest in joining Sportily as a **Sport and Faith Coach (26.25hrs/week, 0.7fte) working across our network as a Pilates Specialist**. This information pack provides information about this exciting role, plus some further background to Sportily. If you require full time work, please contact us as there may be further opportunities with us that could be explored in addition to this role.

The role itself involves holding responsibility for our network wide vision for Pilates delivery, mission and ministry and delivering in the region of 12 Pilates sessions per week.

Introducing Sportily

Fluff it. Duff it. Score it. Smash it. Whatever you do, just give it a go. That's our motto for sport and for life. We're for jumping right in and going on new adventures together, as a team. We are a place for everyone to try different sports, make new friends and explore what life is all about. So we do all sorts of sports and activities, some you'll know, some you might not (heard of Kabaddi?), we hang out, we chat, we eat and we discover new things. What matters is we have a laugh while doing it.

We believe that being more active, like the Christian faith, can change your life forever. And so we're here to get everyone moving and show that things are a lot more fun when we're kicking, diving, riding, rolling, running and jumping around together.

We're passionate about building a network of fun-loving sport and Christian faith groups where everyone is invited to try different sports, make new friends and explore what life is all about.

Will you join our team?

If you have questions about Sportily or this role, what it might look like and how we might see it being successfully fulfilled, please contact us as we'd love to explore this in conversation with you. Equally, if the role excites you, but the location isn't right, please get in touch to discuss other upcoming vacancies elsewhere in Gloucestershire.

Sportily believes in the transformative 'power of sport' and active lifestyles and recognises that sport and physical activity are a positive way to build integrated communities and help address societal issues such as poor health and wellbeing, social isolation and loneliness delivering holistically healthier futures for all, whilst also providing opportunities for exploring the Christian faith.

Sportily uses the word 'sport' to encompass all forms of physical activity, which aim at expressing or improving physical fitness, mental wellbeing and the formation of social relationships.

The charity is ecumenical and run in partnership with the Church of England in the region, providing opportunities open to all – **"Run by Christians, Open to all"**. You do not need to be a member of a Church of England church to work with us.

Our network of Sportily Sport and Faith Coaches and Leaders work using our 7 spaces framework (See appendix 1), leading sports clubs, residential camps, coaching a variety of sport teams and providing high quality PE lessons, through partnerships with primary and

secondary schools. We play sports and invite people to talk about life and explore the Christian faith.

We are striving to see:

- Children and young people's lives, and their communities transformed through sport and physical activity;
- Leadership gifts and vocational calling identified, nurtured and invested in;
- People of all ages, invited to explore and encounter the Christian faith;
- New expressions of church established, for the younger generations, with sport and physical activity at their core.

Within this Sportily is committed to providing the best quality sports coaching and education, with fun and joy being at the heart of all the sessions. 'We bring the energy that gets you moving'



Sportily is committed to increasing the diversity of participation in sport and physical activity along with recruiting and developing a team that reflects the communities we serve.

We welcome applications from all sections of the community and particularly encourage applications from women and people from UK Minority Ethnic backgrounds who are currently under-represented in the organisation.

Introducing the role

We are looking for a qualified Pilates instructor with a passion for building community, supporting people and inviting people to explore the Christian faith through physical activity.

Pilates Specialist:

At the heart of this role you'll plan and deliver high quality Pilates sessions in a range of locations, with a range of different target groups, as strategically identified with the wider Sportily Team.

You'll also lead on the development of the Sportily vision for, and approach to, Christian faith based Pilates ministry and equip others in this.

You'll be supported by our Central Zone Leader and the wider Sportily Team.

Whilst the role is 0.7fte, occasional optional overtime may be available.



What you'll do

Our vision for Pilates ministry

We've already piloted Pilates sessions in a number of venues across our network and with fantastic impact too. The pilot has included All ability Pilates, Parent and Toddler Pilates, Parent and Baby Pilates, Family Pilates, Pilates with young people and one-to-one sessions.

In some locations these sessions are now an established part of the wider Sportily programme in that location, whilst elsewhere the Pilates session is our first venture into that community and a base from which we hope to grow.

"I love working with Abbie! In the past, I haven't had the confidence to start classes, let alone continue to attend. I believe that the low price, the fact it was aimed at mums, and that it was run by a Christian charity is what drew me in. Abbie is definitely the reason I have continued to attend!"

We don't want Pilates sessions to simply be places where groups of people can participate in positive physical activity, we believe these sessions can be transformational, helping those who participate to be a part of community, to experience restoration, to explore and encounter the Christian faith and to discover beauty.

We believe now is the time to build on the foundation of this pilot and to further develop this ministry and our vision for it, through making the most of the opportunities we have for the growth of Pilates delivery within the network.

In this role you'll plan and deliver approximately 12 Pilates sessions each week in a variety of locations which you'll work with us to strategically identify. You'll develop the vision for these sessions as part of the wider context of Sportily activity and our 7 spaces framework.

You'll also support other qualified team members to develop Pilates ministry in their contexts and share best practice across our network.

What you'll be like

You'll be a qualified Pilates instructor who is keen to further develop their skills through ongoing training and a practicing Christian. We are looking for someone who loves to use physical activity to connect with people and is passionate about sharing the Christian faith in innovative ways beyond the walls of traditional church.

You'll be someone who brings the energy that gets people moving and approach everything you do with a fantastic sense of fun. You'll work hard, but thrive off seeing things develop and grow, and seeing children and young people and adults alike enjoying being active, learning new skills and creatively encountering Jesus Christ through physical activity.

We know that when people read Job Descriptions they can sometimes downplay to themselves their own abilities, skills and experience and therefore choose not to apply. Perhaps you're



thinking that this sounds like a really exciting role, but you're not sure you have the skills and experience we're looking for.

If that's you, please get in touch for an informal chat about the role. Tell us what your strengths are, be honest about where you feel you may be lacking in experience or training, and if you are the right person to join us we can work together to invest in you and all that you can bring to Team Sportily.

If you're excited by the job, please don't be put off applying or making contact, we really would love to hear from you.

How we'll support you

We are proud to provide excellent opportunities for everyone who serves with us as employees and volunteers, investing in training and development and doing all that we can to ensure everyone in our team is able to use fully utilise their gifts, skills and potential.

We run an ongoing programme of training and development which includes accredited sports training options and pioneering ministry. We also invite all employees to identify training and development needs specific to them.

You'll be supported in your role by the Sport and Faith Leader for the Central Zone who will be your Line Manager, the Sportily Leadership Team and the Support Team which includes admin staff and our Marketing and Communications Officer, as well as local ministers and congregations. You'll also work with a fantastic team of local volunteers, as well as employees, partners, local Christians, and workers from elsewhere in the network – we serve together as 'Team Sportily', no one is left to feel isolated.

Sportily is a Living Wage and Living Pension employer committed to ensuring that individuals receive appropriate remuneration for the work they undertake and their performance within their role. Salaries are reviewed annually and we'll make employer pension contributions of up to 15%.

We believe that periods of rest and restoration are important and provide full time employees with 30 days annual leave per year, with bank/public holidays in addition to this.



Key information

Job title	Sport and Faith Coach: Pilates Specialist
Salary	£25,000 - £28,000 (pro rata £17,500 - £19,600) – from 1 Jan 2025.
Pension	12% employer and 2% employee contributions, with an additional 3% employer contribution available to match up to the first 3% of additional employee contributions.
Annual leave	30 days per year plus Bank / Public holidays (pro rata)
Working arrangements	Remote working based in our Central zone.
Deadline	6 December. 12 noon.
Interview invitations sent	10 December.
Interviews	17 December. Morning. Gloucester

If this role and our vision is something that excites you and you believe that you have the skills, experience and motivation required, we would very much like to hear from you.

If you require full time work, please contact us as there may be further opportunities with us that could be explored in addition to this role.



Richard Witham
Co-CEO





Job Description and Person Specification

Job Title	Sport and Faith Coach: <u>Pilates Specialist</u>
Line Manager	Sport and Faith Leader; Central Zone
Key Relationships	Sport and Faith Team employees and sessional workers Sport and Faith Team volunteers Local schools and charity/community sector partners Local church leaders and volunteers
Responsible for	Sport and Faith Team volunteers
Requirements	This role carries an occupational requirement that the postholder is a practicing Christian within the provisions of the Equality Act 2010. This post is subject to an Enhanced Disclosure and Barring Service Check. Sportily will appoint under the CofE safer recruitment national framework.
Date of issue	Nov 2024

Context for this role

As Sportily, we are creating a network of fun-loving sport and activity groups, where all children, young people, and their families can try different sports, make new friends and encounter the Christian faith with others.

Some evening and weekend working will be required to fulfil this role, however working timetables will be developed in dialogue with you, balanced across the team, with flexibility considered wherever possible.

Sportily is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All post holders and volunteers are expected to share this commitment, to work within the policy and procedures of the relevant safeguarding policy and are required to attend all relevant safeguarding training. This post is subject to a satisfactory Enhanced Disclosure and Barring check. Appointment will be made under CofE safer recruitment framework.

Purpose of this role

To deliver high quality Pilates sessions in community and/or school settings.

To lead on the development of the Sportily vision for and approach to Christian faith based Pilates ministry and equip others in this.

To deliver all activity within the context of the Sportily seven spaces framework and with the intention of seeing:

- Children and young people's lives, and their communities transformed through sport and physical activity;
- Leadership gifts and vocational calling identified, nurtured invested in;
- People of all ages, invited to explore and encounter the Christian faith;
- New forms of church established, for the younger generations, with sport and physical activity at their core.

Location and Dimensions

Sport and Faith Coach: Pilates Specialist (0.7fte).

Working alongside other members of the Sportily team, delivering Pilates sessions in their locations, with partner schools and in new areas we are seeking to grow into.

Responsibilities

Sport and physical activity and enabling new worshipping communities

- **Plan and deliver high quality Pilates sessions in a range of locations and contexts, with a range of different target groups, as strategically identified with the wider Sportily Team. This may include pioneering new offerings or delivery in new locations or contexts**
- **Lead on the development of the Sportily vision for, and approach to, Christian faith based Pilates ministry and equip others in this**
- Provide opportunities, naturally integrated into the activity of sessions, through which people of all ages can explore the Christian faith and the difference Jesus can make to the challenges and adventures of life, and be invited to respond to the Good News
- Engage relationally, spiritually, evangelistically and pastorally with participants, sharing the Christian faith and discipling others through words and action
- Carry out all work within the Sportily seven spaces framework, to support the emergence of contextually relevant new worshipping communities, primarily focused on younger generations who have had no significant engagement with church, with sport and physical activity at their core

Leadership development	<ul style="list-style-type: none"> Actively contribute to the delivery of the Sportily Leadership Development Programme within Sportily locations Create opportunities for children and young people to grow leadership confidence and capability through sport and physical activity Build and support the team of Sport and Faith Volunteers
Partnership, learning and networking	<ul style="list-style-type: none"> Work in close partnership with the local churches in Sportily locations ensuring join up, collaboration and mutuality in both planning, development and delivery Work to ensure the churches and local Christians are fully informed of, engaged with and invited to support Sportily's work Ensure full participation in the Sportily monitoring, evaluation and learning processes - providing reports and information as requested
Financial sustainability	<ul style="list-style-type: none"> Support the journey towards financial sustainability through the promotion of 'paid for' activities and donor opportunities and the identification of grant funding opportunities
Other responsibilities	<ul style="list-style-type: none"> Promote and communicate the activity programme of Sportily so as to increase engagement Develop active partnerships with churches, schools and other community organisations Ensure that all activity undertaken operates within a secure health, safety and safeguarding framework, in line with Sportily policies, processes and expectations Work alongside others to build a culture and practice of prayer to support the activity of Sportily Be conversant and comply with all Sportily policies and operating practices Engage with personal training and development opportunities Deliver Sportily sessions to meet capacity needs across the network as required Undertake other duties, or hold other network wide responsibilities, as can be reasonably requested and expected

Attributes	Essential attributes, desirable where noted
General	<ul style="list-style-type: none"> Actively investing in growing as a disciple of Jesus Christ and participating, in good standing, in the life of a worshipping community either Anglican or affiliated to either Churches Together in Britain and Ireland or the Evangelical Alliance Strongly supportive of Sportily's aims and ethos Committed to sharing the Good News of Jesus Christ with others Demonstratable ability to inspire trust and confidence in others Committed to the protection and safeguarding of children, young people and vulnerable adults
Qualifications and training	<ul style="list-style-type: none"> Level 3 qualified Pilates instructor with relevant CPD training Educated to A-level, NVQ Level 3 or equivalent qualification Youthwork, theology or teaching qualification (desirable)



	<ul style="list-style-type: none">• Full UK Driving Licence to enable transport between delivery locations with equipment as needed.
Knowledge, experience, skills and abilities	<p>Experience of:</p> <ul style="list-style-type: none">• Working with children and young people• Sharing Jesus with those not of a faith background• Working with volunteers• Building effective working relationships with stakeholders such as churches, schools, leaders and community organisations• Working effectively on own and as part of a team• Strong people skills• Planning, organising, prioritising, meeting deadlines and reporting effectively on work undertaken• Communicating and influencing effectively with a wide variety of audiences• Computer literate and conversant with digital communication channels
Personal qualities	<ul style="list-style-type: none">• Creative, motivated and confident• Demonstrates initiative and perseverance – anticipates situations, problems and opportunities and takes appropriate action• Takes personal responsibility for professional and spiritual growth• Able to operate as a reflective practitioner and to share learning with others• Approachable and helpful, with good interpersonal skills• Listens, coaches and gives clear, honest and constructive feedback• Confidential, trustworthy, respectful, self-aware, considerate, generous, and patient



**For the first-timers, the can't-catchers, and the kick-it-outers.
For the slam-dunkers, the back-of-the-netters, and the hole-in-oners.**

We bring the energy that gets you moving.





Appendix 1: Sportily framework

Sportily 7 Spaces

At Sportily we do life together in 7 spaces.

Each space is not always a physical place or an activity, but a space in which we find ourselves together. Within the 7 spaces we do sport and physical activity and discover fullness of life.

- **CONNECT:** A space to meet, hang out, play and have fun
Building relationships, knowing each other and spending time together in play
- **EAT:** A space to eat, share and laugh
Sharing openly, eating together and being refreshed
- **SERVE:** A space to make a positive difference in the world
Helping others, serving the community and taking action to enact change
- **EXPLORE:** A space to explore faith
Learning and discovering more about the Christian faith
- **ENCOUNTER:** A space to encounter God together
Coming together to pray, worship and encounter God
- **CONTRIBUTE:** A space to help make decisions
Listening and participating in decisions that are made
- **GROW:** A space to discover myself
Understanding my identity in God and living out #EverydayFaith

Sportily locations provide the context through which the Christian faith can be explored, fullness of life experienced and new worshipping communities emerge, centred around sport and physical activity, within our seven spaces framework.

Sportily's impact strategy centres around a belief in the transformative power of physical activity and the Christian Faith to bring holistic health, wellbeing and fullness of life to individuals of all ages and entire communities.

The Sportily seven spaces model is drawn from and inspired by George Lings: Seven Sacred Spaces, Church Army 2015. Our framework for the establishing of new worshipping communities is also inspired by Brian Sanders' work on Micorchurches.

